

Our current schedule

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				7am All levels Mike		
				8am Open mat		
9am BJJ for the broken Mike						
						10:45am Kids BJJ Fundamentals Ian
	12pm No gi Zack		12pm All levels Mike		12pm No gi Zack	12pm Beginners Ian
	1pm Open mat		1pm Open mat		1pm Open mat	1pm Open mat
		4:30pm Kids BJJ Fundamentals Jake		4:30pm Kids BJJ Fundamentals Chauncey		
	6pm Beginners Vong	6pm Beginners Ian	6pm Beginners Paul	6pm Beginners Ian	6pm No gi Zack	
	6pm No gi Mike	6pm All levels Vong	6pm All levels Mike	6pm Advanced Henrique		
	7pm Open mat	7pm Open mat	7pm Open mat	7pm Open mat	7pm Open mat	